

This exciting two-year transnational project is designed to train Community Educators who will be helping groups recognised as facing loneliness.



CATLID

**Cultural Ambassadors
Target Loneliness through
Intercultural Dialogue**

Follow our progress via <http://catlid.eu>
or reach out to us on [Facebook](#).

Halfway through the project timeline, we are now excited to announce that the *Cultural Ambassadors & Community Educators* training course content has been developed, the website is live and the Facebook page is active. The partnership have been working from homes, offices and gardens (during the summer months) throughout Europe embracing the “new” ways to work. Travel for face to face meetings has been replaced with more frequent online meetings with Zoom video calls for communication. Excitement for this project has continued to flourish in these strange times.

The aim of training ethnic minorities, migrants and refugees to become *Cultural Ambassadors & Community Educators* is to raise interest in, and make an important contribution to intercultural dialogue and community cohesion.

Combining different aspects of intercultural dialogue, heritage and presentation skills into one training course will provide an innovative way to widen interest in local community and cultural heritage and tackle aspects of loneliness.

While providing a legacy resource to contribute to the future development of these themes, audio and visual podcasts/ videos will be created alongside a handbook to complement the project.



The Training Course

The course comprises of five modules and will take approximately 25 hours to deliver in a face to face setting;

Module 1: Introduction to Cultural Ambassadors; what is a Community Educator

Module 2: Introduction to Culture and Cultural Sharing. How to share my culture

Module 3: How to present my culture

Module 4: Presentation Skills to Engage an Audience

Module 5: Next Step as a Community Educator

With the global pandemic of Coronavirus, the course has been further developed to be delivered as an online and blended learning opportunity which allows for greater flexibility in the nature and method of delivery.

The Recruitment Process

Each partner from UK, Spain, France, Poland, Austria and Sweden will by the end of this year start to recruit people for the first training course. Each partner will recruit 8 people from 4 different cultures who get the chance to train either online or face to face (Covid-19 regulations permitting!) They will gain competencies in the bespoke skills to become Community Educators and will be ready to share their new found skills as part of community gatherings we are calling “knowledge Parties”!

If you are interested in finding out more about becoming a *Cultural Ambassador & Community Educator*, check out the recruitment pack soon to be added to the website, <http://catlid.eu>

YOU ARE NOT ALONE

In these special times it is more common than ever to feel lonely, mental illness have increased and the situation is still severe. But it is also important to remember that we are all in this together! We need to try to take care of ourselves and the community around us. During times of increased social distancing, people can still maintain social connections and care for their mental health. Phone calls or video chats can help you and your loved ones feel socially connected, less lonely and maybe get your mind of the fact that we still have to be more or less isolated.





PROJECT PARTNERS



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